

July

Photo: Day 71 Der day was Vibrations ernd, hard and a lesson The trails are really crude and after es mi ags again started ...! (2017-07-02 22:09)



Day 71

The day was exhausting, hard and a lesson!

The roads here are really crude and after it started raining again, the mud fight became the underwater parade and the rock carvings became a ornamental. To make matters worse, I've probably pulled a torn muscle behind my left knee, which does hellishly web.

I got into a rain storm at the summit on the afternoon of May. Many others have had similar experiences and today some have left the trail, or have at least zeroed in.

I squatted under my tarp for half an hour, because I wanted to wait for the rain to wane, but the trail became more and more a rushing brook, so I had to go over the summit, although it was still there. Krass!

Photo: Day 71 Nebel can even be beautiful. By the way the Whites are missing only 2 inches of rain a year, then they would be as rainforest ... (2017-07-02 22:18)



Day 71

Fog can also be beautiful.

By the way, the Whites only need 2 inches of rain per year, then they would be classified as Rainforest. Surprise?!

Question: Hey honey, uff was now but also very tiring, wild and no walk? I'm curious!
This WE was with us ...(2017-07-03 20:31)

Hey honey, uffff that was also very exhausting, wild and no walk? I'm curious! This weather was rather wet and cold with us - - that too is good. Whereby in the evening fast jumping into the lake is already nice = D.
Best regards, Brigi e, Manu and the tigers

Hey Brigi e!

Hope you can continue to enjoy the summer!

Have fun with your boys!

Photo: Day 72 Wenn the sun shines, it can rich g be beautiful! I had to today because of high water and flooding a diversion ...(2017-07-03 20:31)



Day 72

When the sun is shining, it can be really nice! I had one diversion today due to flooding and passed the pretty lake ...

Photo: Day 71 Impressionen the AT. The rich g cool pictures I could not photograph because of rain, unfortunately ...(2017-07-03 20:32)







Day 71

Impressions of the AT. Unfortunately I could not photograph the rich and cool pictures because of rain ...

Photo: Day 74 Wir have gescha 800 miles on Mount Lafaye e today ! Cheers! It was freezing cold up there, so the chic ...(2017-07-03 21:46)



Day 74

Today we have 800 miles on Mount Lafayette! Cheers! It was freezing cold up there, so the chic outfit

Today, like yesterday, we hiked about 8 miles and that's enough, and I would not be coming any further in the moment. The trail is difficult. So do the smaller miles. I am currently hiking with Moving Target, also a FlipFloppler from Harpers Ferry. My leg is still with me, even if it hurts and it did not rain today!

The most important thing is still eat.

Photo: Day 74D as is moving target, not I just he hike. Ne together guy, husband, father of three teenagers, self and ... (2017-07-03 21:50)



Day 74

This is Moving Target, we hike.

He's a guy, husband, father of three teenagers, self-employed and supported from all sides to go the AT ...

Photo: Day 74 Das was our balancing act today Vormi ag cloud sun mix and saukaltem

Wind! (2017-07-03 21:54)



Day 74

That was our tightrope walk today with a mix of clouds and sun and a cold wind!

Photo: Day74 MitMt. Lafaye eundMt. let

LincolnimHintergrundhatsichFrodo vonMegundTraceyfeiern, after all he has ... (2017-07-03 21:59)



Day 74

With Mt. Lafayette and Mt. Lincoln in the background Frodo was celebrating with Meg and Tracey, after all, he did the 800 miles!

Photo: Day 75 Ein super nice day! Yesterday though one of my sticks is broken, but in one of the

"Huts" which in the Whites ... (2017-07-07 07:17)



Day 75

A super nice day! Yesterday, one of my sticks broke, but in one of the "huts" that exist in the whites, they sell lekis. ✨ yeah, a blessing in disguise!

The Trail was a waterfall downhill in the morning, which was really awesome, but after that it was sometimes even super good! Moving Target wanted to camp wild and so we have found a great place on the river. I would not have done that alone!

Photo: Day 74 Ja, a stick is broken. Now I may drag this thing to the next trash can and I hope to take my knees ...(2017-07-07 07:17)



Day 74

Yes, a stick is broken. Now I may lug the thing to the next trash can and I hope my knees take the additional burden not bad. But otherwise it was a good day and I'm lucky, only my stick is broken!

Photo: Day 75 Das was the Red River where we cooked on a rock in the sun, "showered" (all si sam!) And us the sun in the ... (2017-07-07 07:25)





Day 75

That was the red river where we cooked on a rock in the sun, "showered" (very sweet!) And the Sun shone in the face ☀

Re: is such a Felsgedönz that we can either go up or down. As long as that is not wet

Photo: Day 75 Heute was rich g sun into the hikers right of course they did not seem to enjoy ... Frodo major e missing and we ... (2017-07-07 07:31)





Day 75

Today, the sun was on the hiker's right, they seemed to enjoy ...

Of course Frodo will not be missing and we let ourselves be photographed against the typical background here

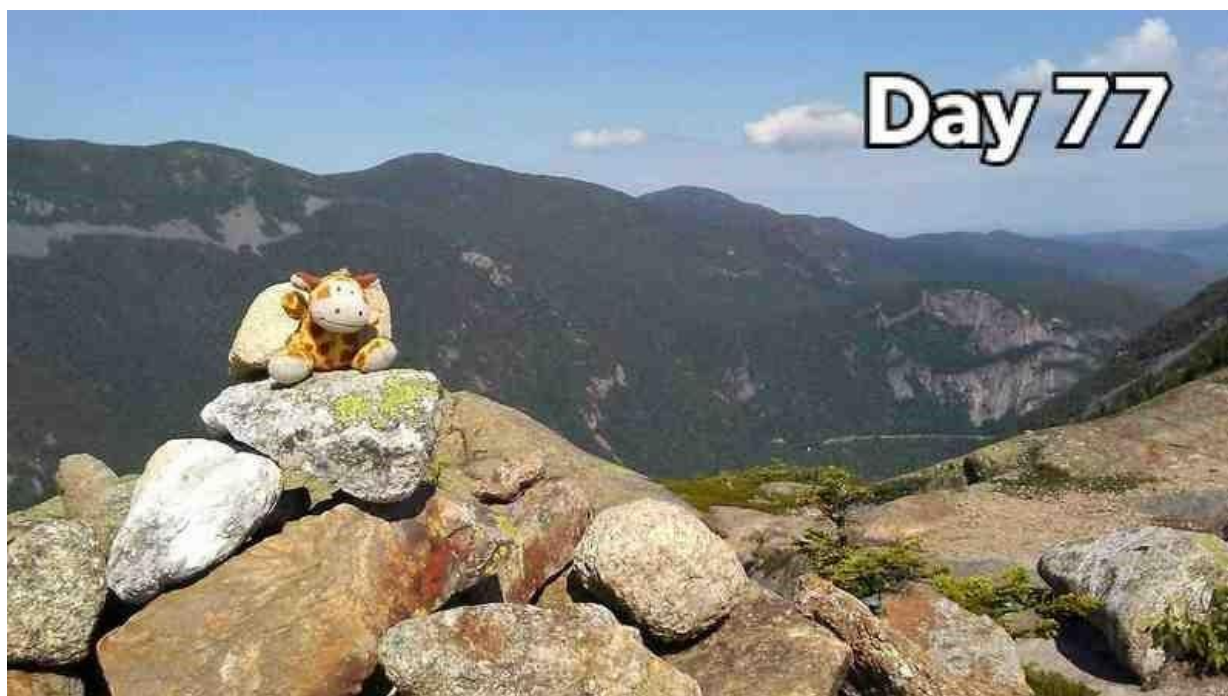
Photo: Day 76 Wir came just 5 miles today. Resupply was on, so we are at a Hiking center with the bus ... (2017-07-07 07:39)



Day 76

We only got 5 miles today. Resupply was on, so we went to a walking center with the Bus, where I picked up a parcel from Al. Then we hitchhiked to the next bigger city, where we got the rest of the stuff and ate real food. Finally, we hitchhiked to the campsite where we rented a cabin and did nothing for the rest of the day. I was tired and my leg was doing well too.

Photo: Day 77 Frodo at even sunshine on Mt. Webster. Those who have extra-piled a throne for him today it was just ...(2017-07-07 07:46)



Day 77

Frodo in sunshine on Mt. Webster. They piled up a throne for him

Today it only went uphill beyond the tree line. We have great views and all-round views! But with the 11-mile hike to the Lakes of the Clouds we were well served. We hope we can hike over Mt. Washington tomorrow.

Photo: Day 77 Frodo always vorderster front! (2017-07-07 07:49)





Day 77

Frodo always on the front line!

Photo: Day 77 Ganz was above what he We increasingly gloomy, but we have achieved our goal and make this Hü e "Work for ... (2017-07-07 07:57)





Day 77

At the top, it became increasingly gloomy, but we reached our destination and make our way to this hut "Work for stay", We have to work after breakfast, but get dinner and breakfast, which is left over and allowed to stay in the dining room on the floor. For free! The guests here pay for almost the same \$ 140. Good deal, but we lose a lot of time because we are getting away so late.

Question: Hi Nic, congratulations to the 800 miles and of course to Frodo, who has, after all, the responsibility borne (I think ... (2017-07-07 08:00)

mab-sissi: Hi Nic, congratulations to the 800 miles and of course to Frodo, who has, after all, been in charge (I think, I would imagine, or not?). However, do not try to overload yourself and continue to take such beautiful photos. LG Mab

I do my best and I have Frodo under control

Question: Daläu derFrodomal "fast" nachHamburgundnimmt dieNicmit ;-). Deceptive sweetness, 800Meilen - this is absolutely beautiful! What...(2017-07-08 12:55)

Since the Frodo times "fast" to Hamburg and takes the Nic with ;-). Darling sweetie, 800 miles - that's really nice!

What do you miss most - or are you just fine? Best regards from Sabrina! Yesterday I was in Kochlsee - brrrrr! GLG Brigi e: - *

Hi Brigi e!

Huh, you seem to really have sun, if you dare to the Kochelsee

We have announced rain front and have fled from the mountains to the city of Gorham in a hostel. I miss most of my normal pain relief and otherwise clean, good smelling clothes LG from Amiland

Question: Dear Nicole, tell your Photos: look at the world. She is so beautiful. Great. Is fun again and again into your blog to ...(2017-07-08 12:59)

Dear Nicole, Your photos say: look at the world. She is so beautiful. Great. It's always fun to read your Blog to accompany you and Frodo and the other hikers. Greetings and give Frodo enough to keep him busy. Be na and Hans

Hi Be on and Hans,

Yes! It is wonderful here. Especially when it does not rain ☀

Frodo gets enough to eat, I also eat so much that it's enough for two. Since I can not let him starve

Photo: Day 78 Trotz many clouds we have come across Mt. Washington today. The highest point of northern Häl s what AT. Of the...(2017-07-08 13:17)



Day 78

Despite many clouds, we have come across Mt. Washington today. The highest point of the northern part of the AT. The trail consisted only of stones and rocks and it was accordingly strenuous. We did 9 miles, but it felt like 19. To make matters worse I fell three times and the last time it was bad.

Photo: Day 78 Das are some pictures of the way up to Mt. Washington. The train goes from the Talsta on to the summit. The...(2017-07-08 13:22)





Day 78

Here are some pictures from the way up to Mt. Washington. The railway goes from the valley to the summit. I only photographed them for you, Frank

Photo: Day78 Reu: Frodo auf dem vorerst letzten Berg, bevor es erstmal ins Tal runtergeht, Mt. Madison.

Unfortunately s EHLT him someone ... (2017-07-08 13:33)









Day 78

Re u: Frodo on the last mountain for the time being, before it goes down into the valley, Mt. Madison. Unfortunately somebody is missing the show!

With the other photos, I tried to make the stones thinner, but I think that balancing, nattering, slipping, climbing, touching, ... is difficult to imagine even with pictures.

Photo: Day 78 Wir ha s beautiful clouds games and the picture on the right, with the beautiful view behind me, was short on Mt. Madison ... (2017-07-08 13:45)





Day 78

We had nice cloud games and the picture on the right, with the nice view behind me, was created on Mt. Madison just before I fell and bruised my ribs and otherwise collected some bruises. I can tell you the other section on the day and the next was only very, very slowly possible and no fun!

Photo: Day 79 Einer the great waterfalls that also really what pounce thanks to the many rain we are the moment in a hostel and ... (2017-07-08 14:03)



Day 79

One of the great waterfalls that really make a difference thanks to the rain

Right now, we are in a hostel and actually we wanted to pack 21 miles in the morning, but with the stupid contusion I'm not sure if I make this, because it is specified with 8 to 12 hours average. I'll decide tonight what I'll do next.

Day 79 (2017-07-08 23:20)

It's decided. Tomorrow is zeroing, because I just do not feel fit enough. It is what it is, even if it is frustrating, annoying, annoying, unnatural, and simply stupid. Tomorrow we will see you.

Photo: Day 80 Zero-Day. And that was a good thing! My bruises are numerous, mostly small and not schmerzha. After all, can ...(2017-07-09 22:49)



Day 80

Zero-Day. And that was a good thing! My bruises are numerous, mostly small and not painful. At least I can breathe again without moaning. We had a good breakfast today, went for a walk, because otherwise you will be so stiff and will not move at all. I played some ping-pong to get the muscles moving and the bruises disappear faster. Tomorrow we are technically still a very good day. We use it and try our 21 miles slackpack over the Wildcat Mountains.

Photo: Day 80 Frodo he means to want, but I do not know if it the hike in the mini backpack

would like ... However, ... (2017-07-09 22:55)



Day 80

Frodo says he wants to go too, but I do not know if he would like the hike in the mini backpack ...

However, if he looks so sweet, I can refuse him almost nothing

**Question: Well, beidemBlickkannmandemkleinenScheisserwohlkeinenWunschabschlagen.
Good luck and good We Slackpacking it when ...(2017-07-11 00:56)**

Well, with the look you can refuse the little bugger nothing. Good luck and good things in Slackpacking, even if 21 Miles are a bit over the top ... that's over 30 km ... Respect! Thanks for the train photo! ;-)
Greetings from the office, Frank

Yes, I have taken him and we were lucky too, it only rained a bit. And yes, even with the small backpack, my feet hurt after 21 miles (almost 34 km) in the whites. By the way, I have more pictures of the railroad and even a little video

Photo: Thanks Vitamin I (ibuprofen) we have today with mini backpack the 21 miles on the Wildcat

Mountains mastered. It was not ...(2017-07-11 01:03)



Thanks to vitamin I (ibuprofen), we have mastered the 21 miles over the Wildcat Mountains today with a mini backpack. It did not have many beautiful views, so that the many vertical meters up and down really have ren

I do not want to conceal that my feet still hurt a lot, but that was worth the fun!

Photo: Day 81Wie promised major e Frodo. In the background is the Betgke en we hiked 3 and 2 days ago(2017-07-11 01:10)







Day 81

As promised, Frodo was with us. In the background you can see the mountains we walked 3 and 2 days ago. There was again wildlife and a few beautiful lakes to see. Unfortunately, there was no time to swim, we also needed 13.5 hours without much rest.

Question: Hi Nic, we pursue every day your tour here. Really exciting and bes mmt really great impressions appropos impressions; ...(2017-07-11 22:19)

mab-sissi: Hi Nic, we also follow your tour here every day. Really exciting and very nice impressions, appropos impressions; is there no arnica in America ?? This is as good as vitamin I. Anna-Lena, who is currently studying is with me, wishes you continued success and not so many falls. LG MaB

Hi MaB,

the Americans do not like homeopathy. There are no beads here. I have to ask Al, I think there was arnica tablet. Arnica does not help with a rib bruise, you need the muscles for the sticks, to breathe and to care. And I hope that's only cheated! By the way, it's the same with everyone, it just will not stay out in the area.

Question: Dear Nicole, was one week in Ireland, where I liked it very much. ve still many beautiful FotoMo and ne e encounters ...(2017-07-16 09:53)

Dear Nicole, was 1 week in Ireland, where I really liked it. Still many beautiful photos and ne e
Wishes you Angela :-)

Hi Angela,

Maine has very bad internet connection and almost no power.

I tried to upload pictures, but it does not work.

I'm struck, a few parts of my body hurt, I'm exhausted, but I still hike

I'm in a small group, Moving Target is still my hiking buddy and Al and Dolora are my home base support

We have great nature and challenging paths. Hope next time with pictures.

Photo: Day 83Yeah! We have gescha New Hampshire and the Whites ! Not without small

Victims (bruised ribs) and with a lot Gekämpfe ... (2017-07-19 21:21)



Day 83

Yeah! We've made New Hampshire and the Whites! Not without small sacrifices (bruised ribs) and a lot of fighting because of the rain, but we are through. Thus, the highest mountains of north are behind us.

When we had a view, it was really nice up there.

Now we devote ourselves to the most demanding state: Maine. Wild, lots of nature, rough, not so easy trails and lots of bugs. At the moment, there is still rain, which leads to too much time spent on mud hole bypasses and rock works.

But there are a lot of lakes here and a few of them can be swum!

Photo: Day 83 – 86 Es'm sorry people, but civilization will on and the Internet are rare here in Norden. Update: we are in Maine! We have...(2017-07-19 21:21)



Day 83-86

I'm sorry people, but civilization and internet are rare here in the north.

Update: we are in Maine! We finished the Whites

Then came the Mahoosucs, the hardest mile of the trail and still demanding terrain.

At the moment I am exhausted, my rib, my left leg and unfortunately my feet hurt. Thanks, I have a small group of well-known hikers around me and Moving Target is still traveling with me. Also Al and Dolora are still there for me. Thank you!

Today is 10 miles slackpacking announced. With the difficulty and the many rain over and over again, that's enough. It's all slippery, wet and muddy.

But nice! We have gigantic views and nature as far as the eye can see! Frodo celebrates the 900 miles we've made.

Trail Snail, Andover, ME, AT

Photo: Day 83 – 86 Impressionen (2017-07-19 21:27)







Day 83-86 Impressions

Photo: Day 87 – 90 Der southern part of Maine is one of the most serious section of the AT and that is no exaggeration. We have...(2017-07-19 21:39)



Day 87-90

The southern part of Maine is considered one of the hardest sections of the AT and that is no exaggeration. We needed 3.5 hours for the Mahoosuc Notch (1 mile). Some make the boulder mess in less time, but I was proud to have done it with my rib at all. After that we were far and pitched our tent.

The next few days are also blessed with steep ascent and descent as well as mud puddles

Photo: Day 87 – 90 Links o: the only picture of Notch. We are under! , Over it, up and down We also stopped to rest ...(2017-07-19 21:47)











Day 87-90

Left o: the only picture of Notch. We are under it! , over it, up and down

For a rest we treated ourselves to a short day with slackpacks. Below Re: caught in the act!

Photo: Day 89-90 Frodo as the pinnacle Star! He is amazed at how many mountains he has climbed this, the AT is known: when it ... (2017-07-19 21:52)



Day 89-90

Frodo as a summit star! He is thrilled how many mountains he has climbed!

For this, the AT is known; if there is a summit anywhere, the AT leads to it. So, it is also the most demanding trail of the three major trails in the United States.

No cellphone (2017-07-19 22:17)

Dear people, my phone does not work. Research will take a while, so I can only communicate via blog or email and only if there is WiFi. Up here so not so ...

Photo: Day 89-90 Li o: The lake in Rangeley, where I now spend my Nearo darf.Re o: Top of Bemis MountainMi e: Sabbath Day ... (2017-07-19 22:19)









Day 89-90

Li o: The lake at Rangeley, where I can spend my Neuro today.

Re: Top of Bemis Mountain

Mi: e: Sabbath Day Pond (Lake)

Li u: our wild campsite on the South Pond, where Moving Target saw and filmed a moose!

Re u: so that you can see how the animals look like, I made myself available ...

**Question: Hey Nic! Great pictures and great nature, beautiful to look at again and again!
Good rest and I wish you a fe e ...(2017-07-20 08:40)**

Hey Nic! Great pictures and great nature, always nice to look at! Good rest and I wish you a fine season (now would be about time!) Greetings, Frank

Thank you! I would also like a little less rain, more dry weather! ☀

Photo: Day 91 Das is Sadelback Mountain as seen in sun ☀ A beautiful mountain with great scenic views! I have him...(2017-07-22 20:55)



Day 91

This is Sadelback Mountain as seen in sun ☀

A beautiful mountain with a great view! I enjoyed it, as well as The Horn and Sadelback Junior. Sweet, right? What you do not see in the picture are the very steep stretches in between! But the rocks were all dry

Although tough on the knees, but overall it was very nice

Photo: Day 91 Mir it up there just liked and Frodo (2017-07-22 20:58)





Day 91

I just liked it up there and Frodo too.

Photo: Day 91 Wenn you look back so looks all very harmonious and almost harmless.

Do not be fooled! Should ...(2017-07-22 21:09)



Day 91

Looking back, the whole thing looks very harmonious and almost harmless.

Do not be fooled! If you hike there, it is steep and demanding, but beautiful

Photo: Day 92 Morgens to 6, the world is still OK! And again sunshine ☀ ☀ ☀ We have today great way up to the ... (2017-07-22 21:16)



Day 92

At 6 in the morning the world is still alright! And again sunshine ☀ ☀ ☀

Today we have great paths to the last paragraph, we were rewarded with a great river, where there is an outdoor pool for us and a fine wild campground. Life is good to me

Photo: Day 92 Eine lovely views continue greenery and here usual way (with rocks and roots and mush, but by 2 ... (2017-07-22 21:26)





Day 92

A pretty view of continued greenery and the usual ways with rock and roots (and mud, but for 2 days without rain, it is a little better).

Li u: Soulflower (soul flower) 70. She is totally ne, we have met her many times already. If I'm still fit at 70 then I have achieved my goal. Re u: Nashville Cat, her Hiking Buddy.

I do not know so much about him ...

Photo: Day 93 Frodo and the addiction! In appearance it was a psychedelic mushroom, oh jeh!

(2017-07-22 21:28)



Day 93

Frodo and the addiction! In appearance it was a psychedelic mushroom, oh my!

Photo: Day 93 Das with the photo on the sign has not worked so well for the fungus, then he is the second Fotoshoo ng two ... (2017-07-22 21:50)





Day 93

That with the photo on the signpost did not work out so well after the mushroom, then he slipped two times off my knee at the second photo shoot and then he started to talk to a branch during a break ... I admit yes, he resembles an animal, but oh man !!! Then I put him in his bag and he immediately went to sleep in his drunkenness

Photo: Day 93 Ich can not believe it, we ha s again a wonderful day with lots of beautiful scenery and good roads. In addition, ...(2017-07-22 22:04)





Day 93

I cannot believe it, we have again had a beautiful day with lots of great nature and good trails. In addition, we are now in the hostel in Stratton, freshly showered and gorged... Tomorrow we go to the Bigelow Mountains and after 2-3 days, it should be flatter. I hope it stays dry, because we expect marsh and insects (if you know what I mean).

Question: hi nic, as you can see you have you in spite of wounds bravely durchgekämp. it is wirklich beautiful up there and down and ...(2017-07-22 22:49)

mab-sissi: hi nic, as you can see you have bravely fought through despite the injuries. it is really nice up and down and in between and at all. keep pushing fingers crossed and have fun. lg mab

Great thank you! We really have a few nice days now, even if it is still strenuous physically, it was balm for the soul and urgently nö g! ☼

Question: aberdumusstbesseraufdenkleinenfresssackaufpassen. dermamp dirnichtnurdievorräte away the infected even the ...(2017-07-22 23:07)

mab-sissi: but you better take care of the little goblin. not only will he eat away the supplies, he'll also get the glory. :))

Oh, even the little one has solved the rain and I am proud that he is still here, besides, I would not fit in with the photo.

! ☼

Question: Ohhhhh how sweet! So a moose I expected much more threatening ;-). Beautiful pictures! I'll send you a little sun, we ...(2017-07-22 23:12)

Ohhhhh how cute! Such a moose I expected much more threatening ;-). Beautiful pictures! I'll send you a little sun, we sizzle every day, the summer is wonderful :-). Greetings from my brass band listening guys (citizen party, the hangover think it's great), Brigi e

Hey Brigi e! Thank you, sun is coming

Have a nice summer with your guys!

Question: Hey sunshine! Think you have the rain successfully sent to us! For this with you bright sunshine is a must! ...(2017-07-26 13:04)

Hey sunshine! Believe, you have successfully sent the rain to us! For it is announced with you bright sunshine! That's the way it should be! Have fun and be careful that Frodo does not get sunburned! Best regards, Frank

Hey rain defier!

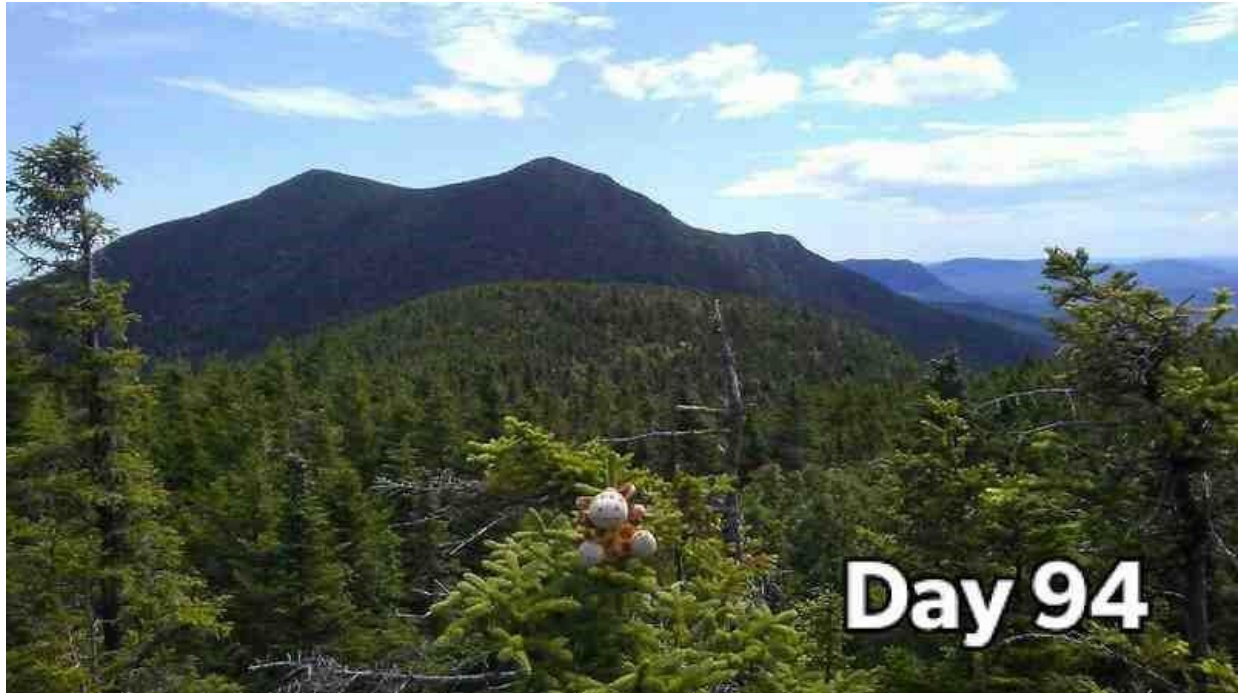
Yes, we have great weather! Full of beauty

I have been swimming 3 times in the great lakes that are here. Go thank you, we treat ourselves to the luxury of taking our time

Hope you will be better again

Photo: These are the Bigelow Mountains. Really great up there, these are the far most beautiful mountains with super

he and gigan rule we 360deg ... (2017-07-26 14:18)



These are the Bigelow Mountains. Really great up there, these are the most beautiful mountains so far with super weather and gigantic 360-degree all-round view. I was blown away and Frodo loved it. So today we went to 3 summits and also almost completely down again.

Photo: Day 95 Hah! We have gescha 1,000 miles !! Despite the many clouds and the rain on Nachmi ag it was a good day. It...(2017-07-29 14:27)



Day 95

Hah! We've done 1000 miles!!

Despite the many clouds and the rain on Nachmi ag, it was a good day. It went over stick, stone and slowly healing mud holes to the West Carry Pond. A calm lake, where the crabs have lurked on the rocks underwater in the evening. Since the water is very warm (much warmer than you would expect it at the temperatures) I briefly dipped for washing.

Photo: Day 95 Unser lake in the evening, next to the Shelter and camp sites. And a few impressions of the trail.(2017-07-29 14:34)









Day 95

Our lake in the evening, right next to the shelter and campsites. And a few impressions from the trail.

Photo: Day 96 Jetzt it is exo sch Such is in Maine a beach from Greater than the Neckline he was not, but I ...! (2017-07-29 14:49)



Day 96

Now it is extra beautiful!

This is how Maine looks like from a beach

He was not taller than the snippet, but

I have swum extensively in this lake, we have spent an early break there and I tell you, so a bit of water and sun has healing powers

We are then further Gestap to Pierce Pond (again a lake!), We stayed at.

Photo: Day 96 Ich was swimming in the lake and Frodo wanted the sea monster (leeches, like almost everything here in the US, much bigger than ... (2017-07-29 15:04)









Day 96

I was swimming in the lake and Frodo wanted to watch the sea monster (leeches, like almost everything here in the US, much larger than ours), which looked for prey right on the beach.

Re u: Pierce Pond in the evening light. Super nice and as on almost all lakes up here there were loons again. These diving ducks have very cool screams in stock. Really beautiful and enchanted the landscape, which is always so quiet and peaceful to look at dusk. There are people who are upset about the loons, I find these sounds soothing and beautiful

Photo: Day 97 Hmmm, the day began with 12 blueberry pancakes, scrambled eggs, sausage, Sat and coffee in a small quaint Hü e on the way ... (2017-07-29 15:44)



Day 97

Hmmm, the day started with 12 blueberry pancakes, scrambled eggs, sausages, and coffee in a small quaint hut on the road edge. In our clever guide, noted that you can sign up the day before, and Moving Target was there last night and registered us. Deacon, Medicine Man and Last Minute have taken the opportunity, even though the fun cost \$ 12, none of us has regretted on a super beautiful stream, then we went along to canoe ferry over the Kennebec River and on to Caratunk, where we milkshakes, a sandwich, and a piece of cake while our laundry was washing, we got supplies at the mini store and tried to blog. The internet was so bad that nothing worked for me and telephone network does not have AT & T in Maine. So I cannot call anyone and nobody can call me, which is sometimes really stupid!

Moving Target has another service that at least occasionally has a network. Towards evening we arrived at the next lake where we took a refreshing bath

Swimming is not good with my rib, but if you do not have that much trouble (as it is at the moment), it's a bit better every day

Photo: Day 98 Ein rainy day with two peaks. Unfortunately, we had rain and fog. Only at the very

We have seen some initial ... (2017-07-29 15:53)



Day 98

A rainy day with two peaks. Unfortunately, we had rain and fog above. Only at the very beginning did we see something else

There were blueberries for that and despite good insulation

**Photo: Day97 EineabenteuerlicheBrückeundeinFotovondemne enbach have
denwireineWeilebegleitet. (2017-07-29 16:00)**





Day 97

An adventurous bridge and a photo of the nice creek we have followed for a while.

**Photo: Day 98 Moving Target has harvested all mature Blueberries on the two mountains.
So the next Hiker unlucky! With wind ...(2017-07-29 16:00)**





Day 98

Moving Target has harvested all the ripe blueberries on both mountains. So the next Hikeris unlucky! With wind it was partly cool on the mountain and also because of the slippery stones and roots we were glad, when we reached our destination (Moxie Bald Mountain Lean-to) after 13 miles.

Photo: Day 99 Die sun comes back! Yeah! We ha s best Trail, horny canyons, great and small adventures with it We ...(2017-07-29 16:06)



Day 99

The sun is coming back! Yeah!

We have the best trail, great gorges, great wildlife and little wildlife adventures on the edge.

Photo: Day 99 So saw MTs campground in the morning when I woke up dismay! He's gone and said nothing Background: ...(2017-07-29 16:23)









Day 99

This is what MT's campground looked like in the morning when I woke up Consternation! He is gone and said nothing!

Background: As usual we wake up at 5 o'clock and leave at 6 o'clock. At the moment I have some digestive problems, so I slept until almost 7 o'clock. He did not want to wake me up and he's already gone, but I did not know that! So, I sprinted to catch Jeff and Jim (Re u) to ask them if they saw MT. After 2 hours I caught up with him and shortly thereafter also MT, who was not sure how his disappearance could affect me ... We have some communication problems, but that was the coolest one so far

Re o: there are such beautiful roads in Maine!

Liu: Frodo's little friend was too close for him then we let the snake meander again.

Photo: Day 100 Wir in Monson !!! So our view looked at breakfast ausDas is the last stop before

Mt. Kathadin! I can not ...(2017-07-29 16:33)



Day 100

We are in Monson !!! That's what our view looked like at breakfast

This is the last stop before Mt. Kathadin! I cannot believe it! Thanks again to Al and Dolora, my trail Angels for their tireless support and Moving Target, that he has pulled me in spite of cracked rib.

Al, I'm looking forward to climbing Mt. Kathadin with you

We will stay here for 3 days. To plan, get supplies, organize Kathadin, wash, mending, ... and one day will even be left to relax Life is good! I hope for you all too

Question: Woooow what beautiful pictures! And the sun is now there, that makes me happy :-))). Pass enjoy some to your ribs and ...(2017-07-29 21:19)

Woooow what beautiful pictures! And the sun is there too, that makes me happy :-))). Take care of your ribs and enjoy the free time. I was also swimming today, after the rain in the ice water ;-). Have fun with your companions, Brigi e: - *

Dear Brigi e!

It's great that you still have so much contact with me through the blog. Thank you!

Of course, I wish you and me beautiful, not too hot summer weather, so we both can swim a lot

LG Trail Snail

Question: Dear Nicole, congratulations on your 100-day record, and continues a speedy recovery for your rib. LG Angela(2017-07-30 13:22)

Dear Nicole, Congratulations on your 100-day record and continue a speedy recovery for your rib. LG from Angela

Dear Angela,

Thank you for your mental support. Really, there are days, it is very important to me that I know you are still here

Photo: Day 101 Moving target and Wendy front of the office of the ATC, where we have the formalities and Einreisebes mmungen you for Baxter ... (2017-07-30 21:25)



Day 101

Moving Target and Wendy in front of the ATC office, where we learned about the formalities and entry procedures for the Baxter State Park where the Kathadin is located. Everything is very high up there, but we now have a plan and AI is also initiated. If everything fits and goes well, we will all be climbing Kathadin on the 14th of August. I'm looking forward to it and hope that he plays along!

Question: Hey hiking Queen! 1000 Miles, 100 days and shortly Mt. K! Now it läu! And Frodo after the fungus cure most comple ...(2017-07-31 08:15)

Hey hiking queen! 1000 miles, 100 days and soon Mt. K! But now it works! And after the mushroom treatment, Frodo is probably completely exhausted, unrecognizable! ;-) Relaxing days with sun and sea !!! Best regards, Frank

Thank you! Great, is it not? Frodo is as proud as Oscar

I am glad that we are just slowing the tempo out and putting the focus on seeing and enjoying. After Mt. K. I'm looking forward to driving 2 days with Al to the coast of Maine. Whale watching and seafood and so on

Photo: Day 102 Sun, Nominal erschauer, canoeing, swimming, lying in the sun and eat naturally. That's the hay ge Zero ...(2017-07-31 21:36)





Day 102

Sun, clouds, canoeing, swimming, lying in the sun and eating naturally. That's been Zero Zero. Sounds like a holiday, right?

Re o: our bathing beach, to which you with the canoe 20 minutes needed.

Tomorrow we disappear again in the Forest, better we go the 100 mile wilderness. Very comfortable! Next comes Baxter State Park with Mt. Kathadin, where we meet Al if all goes well. I do not suppose I can report in between. Only when I'm back in civilization

Until then, you'll be fine!