

October

Question: Frodo has it! He has become a real outdoor freak! ;-) Fingers crossed for the best he still!! ...(2017-10-03 15:17)

Frodo has it! He has become a real outdoor freak! ;-)

 Fingers crossed for the best he still !! Greetings from the office, Frank

Yes, Frodo is really proud of himself

That seems to help with the thumb pushing, we still have Traumwe it, even if it is freezing cold at night and also during the day just autumn and fresh

So he's the best hiker ...

(2017-10-03 17:57)

Sorry folks, tumblr is crazy again!

Photo: Day 163 17.7 miles because of the water situa on. Thanks to the great trails and the rela v harmless elevation profile, we have ...(2017-10-03 21:12)



Day 163

17.7 miles because of the water situation.

Thanks to the great trails and the relatively harmless height profile, we have Hamburger eat and Resupply even this day

Photo: Day 163 It looks like this whenever we go somewhere where it is interesting for hikers.... (2017-10-03 21:16)



Day 163

It looks like this whenever we go somewhere where it is interesting for hikers. In most cases there is something to eat

Photo: Day 164 Woa, it's October and again purely a day of sun! No one will see that the Night was freezing cold (yet ... (2017-10-03 21:29)



Day 164

Woa, it's October!

And another day with pure sun!

No one will see that the night was freezing cold (yet just as 5 degrees).

Frodo says he turns to the Humane Society, that would probably be unreasonable! He is a giraffe, not a polar bear and anyway ...

He has the warmest place in the sleeping bag!

Photo: Day 164 Today we have a clear view of grassy peaks like this.! ... (2017-10-03 21:37)



Day 164

Today we have a clear view of grassy peaks like this.!

It's really great and Happy Feet and I made good progress.

In the evening there was an ice shower for me in the great little stream, which we actually found after 20 km without water.

Photo: Day 165 A short day for us as you can see, today was another day announced in the woods and it's still just as ... (2017-10-03 21:49)



Day 165

A short day for us

As you can see, today was another day in the forest again and it is still just so super beautiful This morning there were also hunters and their dogs in the woods on the way. These detect the bears, chase them up a tree and when the hunters have arrived then (the dogs not only bark, but also carry aerial collars, which lead the hunters to the place), they shoot the bear comfortably.

I also saw a baby bear running around. So cute! I hope the hunters did not catch him!

Photo: Day 166 Frodo waving from one of the posts with our mark that they set up in the meadows. ...(2017-10-03 22:18)



Day 166

Frodo waving from one of the posts with our mark, which they set up on meadows. If they are very sparing and the lawn is freshly mowed, it can happen that you suddenly run around in the grass and talk to a cow ... ask Happy Feet

Photo: Day 166 Wildlife! A wooly bear. Do not ask me what that kind of thing is....(2017-10-03 22:29)



Day 166

Wildlife! A woolly bear. Do not ask me what that kind of thing is.

Today was something else important: only 6.7 miles, food, shower, laundry, food, blog, filter and actually I have to sew my gaiters closer.

I have much to sew and it's already Hiker's Midnight, so half past nine.

Photo: Day 167 Wow, we were super fast today! It was only 12 miles, but 800 meters in altitude and lots of rocks that would have to slow us down; but they did not....(2017-10-04 19:23)







Day 167

Wow, we were super fast today! It was only 12 miles, but 800 meters in altitude and lots of rocks that would have to slow us down; but they did not.

This morning it was less than 5 degrees (brrr!), But we could start warm. So that was not so tragic. In the great sunshine without wind, it is then even warm.

At half past two we were already at the destination and could take the bus to the city, shopping, check in to the motel, get food, get money, showers, food, TV. Probably the short day yesterday did us good

We will continue to hike tomorrow and take our deserved and due rest day (s) only when the rain arrives in about 3 days.

This morning it was again less than 5 degrees (brrr!) But we could indeed start from a warm Be, so it was not so tragic. In the great sunshine without wind, it is then even become rich g hot

Photo: Day 167 Der brother of Wolly Bear yesterday But I do have a feeling that the animals prepare for winter slowly ... (2017-10-04 19:31)



Day 167

The brother of Wolly Bear yesterday

However, I have the feeling that the animals are slowly getting ready for the winter: somehow there is less and less ... we notice that especially at night. Is very quiet. Without the cries of the cicadas. Pity!

Question: Hey Sonnenkönigin! The great pictures make jealous! Here the golden October is slow in coming ... :-(Hope the weekend ... (2017-10-04 22:37)

Hey Sun Queen! The great pictures make me jealous! Here is the golden October is slow in coming... :-(Hope the weekend is enough for a sunshine on the mountain on the mountain! You and Frodo continue so great We he and let the miles tumble! :-) Best regards, Frank

Thank you! We have just a few temperate days ahead of us, before we start after a rain forced break to the final spurt to Damascus. That will be interesting, because we are traveling there a lot over 5000 feet. Incidentally, in Damascus, Dolora brings Happy Feet back into civilization. Will be a conversion for me and Frodo.

Photo:Day Impression of a lazy afternoon at the motel in Marion. (Was Frodo's idea)

(2017-10-04 22:40)



Day 167

Impression of a lazy afternoon at the motel in Marion. (Was Frodo's idea)

Question: frodos idea? No wonder, when the for laziness ever so nen thick dogwood gets. but you really have it kaiserwe(2017-10-08 13:55)

mab-sissi: frodo's idea? no wonder, if the lazy guy gets such a big bar. but you really have an emperor. Here it rains a bit, very very strong, actually the whole day out of all locks, and it has just been warned in the radio from gale-force. the dog does not even want to be in front of the door;)) What is happeniong with the visa the extension? lg mab

Huhu!

Now the rain has arrived here. Such a level 2 hurricane is advancing up to us and since we have open terrain up to 2000m altitude ahead of us, we are, as a precaution, in a nice, albeit expensive Inn

shut down. Today and tomorrow, the rain and wind have time to disappear, then it goes on topic visa extension

It's like this: the authorities are currently processing applications from May, mine is from the end of August.

I got a processing number and we looked on the webpage, if they need something from me; no, do not do it. The rule is that I can stay here as long as I do not have a decision, but can prove this number. If a negative decision then comes, I must leave the country immediately. So if they need 3 months to process the application, I can finish walking in peace no matter what the decision is.

So I'll try to rebook my flight and hope it will work out. That's all I can do, so I do not have to worry.

Question: Frodo's eyes were definitely bigger than his mouth! ;-);-(2017-10-08 13:57)

Frodo's eyes were definitely bigger than his mouth! ;-)

I do not know exactly how he does it, sometimes I think that it is more closely related to snakes.

(2017-10-08 18:53)

I would like to update, but tumblr no longer works!

(2017-10-09 19:35)

Dear people,

Pictures still do not upload.

I spent a whopping 3 hours today rebooking the flight. Long live the rest day!

I'll be on 12./13. December back home. Until then I have to have the remaining 501.1 miles so Frodo says we can do it easy and he's looking forward to being at home. I'm also happy, but I also think it's great that I can enjoy the adventure and bring it to an end.

Question: Hey, that's topp with the visa extension! :-) Now even the We let him set the capers, then you can with the ...(2017-10-10 09:30)

Hey, that's topp with the visa extension! :-) Now we still want to stop the capers, then you can tear down the remaining few miles with the little Troublemaker Frodo and make the Clingmans Dome! Fingers crossed.

That's exactly what I imagined!

Question: Hooray, I'm glad you can keep going, that sounds great! Have fun and sunshine...(2017-10-10 09:32)

Hooray, I'm glad you can keep going, that sounds great! Have fun and sunshine, here is the golden October from Wednesday come. Feel embraced in your wilderness (Frodo, of course). Best regards

Brigide: - *

Thank you, thank you, hug back!

GLG Trail Snail

Question: Hey Nicole, greetings from Gilching! :-) We had again today a girls' night, you've been missing! Have fun,...(2017-10-12 17:17)

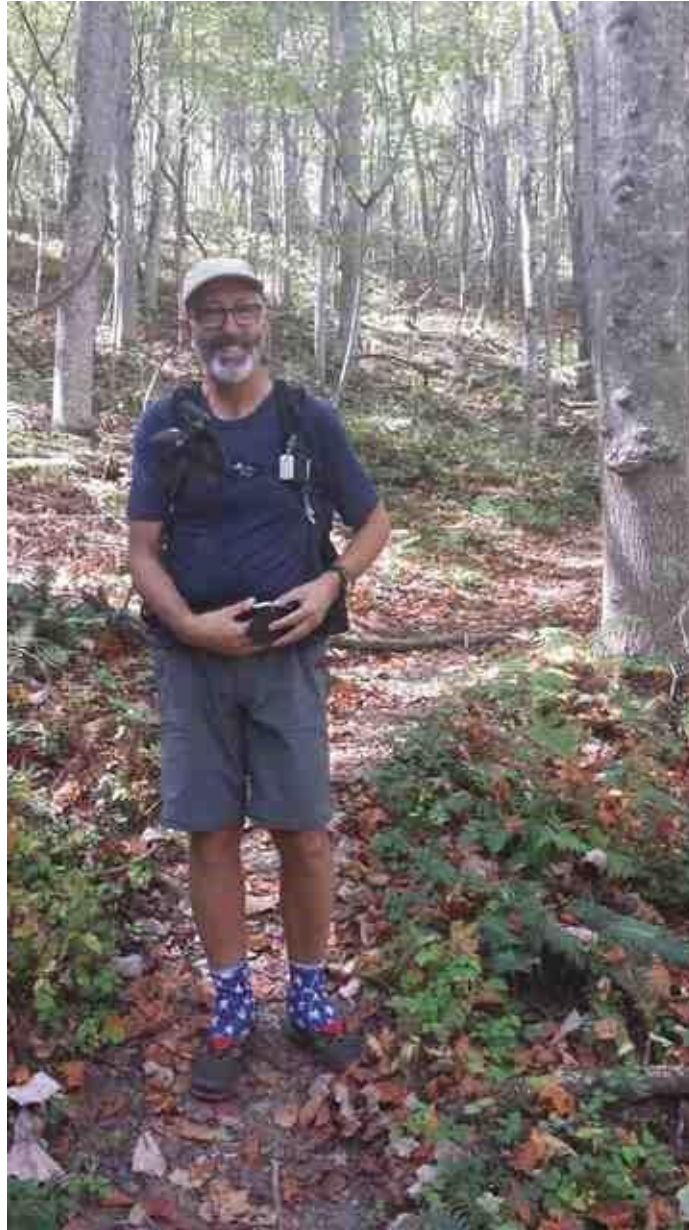
Hey Nicole, Greetings from Gilching! :-) We had a girls' evening again today, you were missing! Have fun, Ariane

Hey sweetheart!

I miss you too, and when I get back, there's maybe another a girls' night, where I would like to be a guest

Photo: Day 168 Ein warm, pleasant 12.5 mile day we were on easy trail to the next camp spot go. Li: now and then ...(2017-10-12 17:25)





Day 168

A warm, enjoyable 12.5 miles day we were on easy trail to the next camp spot.: Every now and then we have to go over pasture fences and this Fences crossing was so luxurious that we had to take a photo of it.

Re: Also Happy Feet could smile quite relaxed today

Photo: Day 168 The only exciting thing today was the drop source, where we spent an hour tapping our water for the night (2017-10-12 17:29)



Day 168

The only exciting thing today was the drop source, where we spent an hour tapping our water for the night ...

Photo: Day 169 Es is unmistakable fall! The foliage is colorful and it's after weeks without rain almost all dried up. (Re: a ...(2017-10-12 17:45)





Day 169

It is unmistakably autumn! The foliage is colorful and it is almost dry after weeks without rain. (Re: an exception!)

After our private camp spot last night with nearly full moon, pleasant temperature and only the cicadas as background noise, we arrived this evening at a shelter, where a youth group, and at least 6 sectionon Hikers have stayed. It was full!

Photo: Day 170 It was a short 8-mile day, so a Nearo. ... (2017-10-12 17:56)





Day 170

It was a short 8-mile day, so a Nearo.

We are comfortably up to almost 5,000 feet and then gestured up there in the open landscape. It was a typical sweater-on-sweater-off day in terms of temperature, but we had a lot of breaks, because you have to take off the backpack every time

Photo: Day 170 Wir went to Grayson Highland State Park, which is famous for its "wild" ponies. As you can see above re ...(2017-10-12 18:03)





Day 170

We went to Grayson Highland State Park, which is famous for its "wild" ponies. As you can see above, there were more people than ponies in the park this Saturday, at least near the parking lot.

Frodo found the Crab Apple much more interesting than his size.

Photo: Day 170-173 Even though the weather started to get cloudier, I found the open terrain with the stark splashes of color in it really beautiful.... (2017-10-12 18:25)





Day 170-173

Even though the weather started to get cloudier, I found the open terrain with the stark splashes of color in it really beautiful.

We then got ourselves picked up at the parking lot by the owner of the Inn, where we hid two days from the rain.

It was only a day of rain (an offshoot of the latest hurricane), but the two zero days were also so good. It's not like you just do nothing. I have rebooked my flight using all the nerve strength I have. I was almost there and just flew home, because it was so difficult to organize. Madness!!!

Of course, I try to blog, but that does not work for several reasons. And I use this time to plan: how far is it to the next shower / washing machine, where is there something to buy again, where do I want to have a maik drop, can you get somewhere to eat somewhere in between? If bad

When it's wet, where do I find a roof over my head, do I have to adjust to wet times? Do I need new shoes or any other clothes? Do I have to fix something or sew tight, and all of us, sometimes I just want to rest and really do not do anything!

Photo: Day 173 Ein 16 miles Day (25 Km). With up and down (mainly down to do my feet hurt. Rauf does but me ...(2017-10-12 18:36)



Day 173

A 16 mile day (25 Km). With up and down (especially down my feet hurt. Rauf makes me fun).

We have already celebrated at the Inn reaching the $\frac{3}{4}$ mark of the AT (Trail Snail times bedüdt) and now the time had come: Still 500 miles to Springer Mountain, the southern end of the AT. Happy Feet has a good idea: since we have not found anything suitable, we have folded our bandannas.

**Photo: Day 173 Today we the ponies in the morning at eight still all to ourselves.
Longhorns there was also a pony and has ...(2017-10-12 18:40)**





Day 173

Today we have the ponies at eight in the morning for us all alone. Longhorns were also there and a pony was in the way with me, we had to push that out of the way.

Photo: Day 173 Es was high a very varied day to 5400 feet. There were many great views and even though it was cloudy ...(2017-10-12 18:46)





Day 173

It was a very varied day up to 5400 feet high. There were many great views and even when it was cloudy, the high humidity made it very warm. Even Frodo started to sweat!

Photo: Day 174 Dank of the rain the night before, which I now for the first time the result of our efforts seal the tent ... (2017-10-12 18:56)





Day 174

Thanks to the rain the night before, when I was able to test for the first time the result of our sealing efforts on the tent (grade: very good), it was wet this morning. Everything. The ground, the trees, the Lu! Is like breathing underwater. And then you do not even need to get hot to watch for the formation of droplets on the skin. Is like in the sauna, so healthy! or?!

I have to be a little careful that I take my magnesium, otherwise there will be cramps quickly.

Photo: Day 174 + 17 After 15 miles, a lot of heat, up and down Happy Feet, Frodo and I arrived in Damascus a...(2017-10-12 19:11)



Day 174 + 175

After 15 miles, a lot of heat, up and down Happy Feet, Frodo and I arrived in Damascus. This is a Hiker town, so many outfitters, small restaurants and hostels. Unfortunately, Damascus is also the place where Happy Feet leaves the AT again. Since we had a long day and Dolara needs almost 6 hours to get here, he was picked up the next day. So we had time to eat together again, we went to the outfitter, (I needed new shoes and a sweater) and said goodbye the next day.

Was sad! I will miss him.

From tomorrow on, I'm traveling alone. I'm curious and as soon as possible, I will continue to report ...

Photo: Day 176 Yeah, we left the longest State of the AT, namely Virginia behind us. A few Miles to Damascus, we are ... (2017-10-13 20:39)



Day 176

Yeah, we left the longest state of the AT, Virginia behind us. A few miles from Damascus, we left this morning after a nice and good breakfast at the hostel, crossing the border. Frodo says in Tennessee it looks exactly like in VA

Photo: Day 176 Wir are in warm but not sultry We he the great trails in the grateful entlangedüst height profile and ... (2017-10-13 20:49)



Day 176

We're down the great trails with the grateful height profile in warm but not sultry. We're over 30km (19 miles) to the Double Springs Shelter.

The little yellow dot in the picture on the right is my Bearbag. Today I spent about half an hour of the precious wasting daylight on a stone with a string on a branch to steer. This is not my first talent!

The camp spot is great and the picture on the left shows my only view today. Otherwise I was always in the woods. However, it is a beautiful forest and not quite as autumnal as the last days.

Photo: Day 177 Diese shoes were today sound angebend. Frodo and I got away early and often super nice trail well ahead ... (2017-10-14 18:44)



Day 177

These shoes today were sounding.

Frodo and I got off early and made good progress on mostly super nice trail. Unfortunately, my new hiking boots have become bigger and bigger and I slipped more and more in them. After 7.6 miles, I phoned Jeff, who sold them to me, and for \$ 45, he drove me to the smaller size (which is actually a bit too narrow) to drive to a parking lot. Disadvantage: I had a total of 9.2 miles down a hill and then run up again. I really ran with my stubble legs to make the appointment with Jeff. So officially, I've only gotten 7.6 miles, but I'm almost 18 miles behind me. I just hope that was the right decision and these shoes are just as wide.

Photo: Day 177 War a really nice morning and the cow pastures has the best long-distance views today finally has once one of the ... (2017-10-14 19:15)



Day 177

It was a really nice morning and the cow pastures have the best views today

FINALLY, one of the squirrels once held still long enough. These are the little animals that I see most often. And chipmunks, but they are even faster!

Photo: Day 177 Li: if you look closely, you will recognize Frodo on my Food-Bag.Re: again a search image, this time quite real: where is ... (2017-10-14 20:50)



Day 177

Li: If you look closely, you'll recognize Frodo on my food bag.

Re: again a search picture, this time quite real: where is the water, that was my source

Photo: **Day 177 Den I saw again today.** **This is the Rekordschme erling**
(Monarch).

(2017-10-14 20:50)



Day 177

I saw him again today. This is the record champion (Monarch).

Question: hi nic, one can only hope dnn that the new shoes are at least as good as the closest surrounding nature. really nice. and...(2017-10-15 09:18)

yes only hope that the new shoes are at least as good as the surrounding nature. really nice. and I really tried to find Frodo on the water search, did not work at all. Today it is a beautiful late summer day. was very foggy this morning, now comes the sun through, can today nachmi ag again with sissi make a nice walk. after all good and a lot of fun, mab

Thanks, I hope the shoes will be

Oh dear! Frodo's picture is only left. Right is just search image
for water LG Trail Snail

Question: Hi Nicole! Now I am again ... Of course, the offer still stands, so need not worry in this regard make ...(2017-10-15 09:20)

Hi Nicole! Now it's me again ... Of course, the offer is still available, so you do not have to worry about it and can finish your adventure in peace! I can well understand that it can be quite stressful and you have a lot to organize! Personally, I would get pretty sick if I had to walk in the forest for a whole day! But you continue to have fun and all the best, stay fit! A hug ... Andrea

hhmm

Thank you!!

Photo: Day 178 Uh, long day, woe feet and much Lu damp ness. Actually, would be the ideal temperatures (10-18 degrees), but it's ...(2017-10-15 20:11)



Day 178

Uh, long day, hurt feet and a lot of humidity. Actually, the temperatures would be ideal (10-18 degrees), but it's a lot of wet in the lu.

Somehow, therefore, the day seemed like forever and my shoes are still tight, it did not do any better.

Photo: Day 178 However, it was country-skin Lich very nice. It was not until we ha s the Watauga Lake vin up and then ... I do not know if ...(2017-10-15 20:13)





Day 178

However, it was beautiful in the countryside. First we got the Watauga Lake up and then ... I do not know if the spider was at home, but the web was the only thing I found on Wildlife.

Photo: Day 178 ... we are a long way along the shore. There is a reservoir, via its impressive dam of AT. (2017-10-15 20:18)







Day 178

... we are a long way along the shore. It is a reservoir over whose impressive dam the AT leads.

Question: Hi Nicole! Again great impressions of your adventure! :-) The pastures are so similar to the Allgäu, only water you have to ...(2017-10-16 10:40)

Hi Nicole! Again great impressions of your adventure! :-) The cow pastures are similar to the Allgäu, only You do not really have to look for water here! ;-) There are not such elitist Bu fly! Are you on your own now or are you still acquaintances from time to time? Greetings and good luck with the shoes, Frank

Thankfully it turns out on the trail, but overall there are a lot of hikers out here. Lots of Thru-Hiker, like me, then Section-Hiker, who for a short time use the still warm weather and day trippers. Here at the hostel

are Blue Fish and Red Fish, I've met Mousker again, Charlie is going out, Twisted, Crazy Wolf, ... from time to time are even youth groups on the way. Yes, there are still many out here

So, after a lazy, because rainy tomorrow, I will now slowly open for a relatively short day

Photo: Day 179 Heute night it rained and the temperature has fallen sharply. It was pretty fresh today and the scarce 10 ...(2017-10-16 20:45)



Day 179

It rained tonight and the temperature has dropped sharply. It was pretty chilly today and the cool 10 degrees have felt that way.

I hiked 13 miles today and that's why I slept in the warm hostel this morning, had a nice breakfast and packed and did not leave until 9:30 am.

Photo: Day 179 Ich major e today to complete a lot of altitude, but was rewarded with separately, according to great prospects. The sun did not shine ...(2017-10-16 20:52)



Day 179

I'm going through many meters of altitude today, but was rewarded with a great chance. The sun did not seem much, but it was still very nice.

Re: these are the Laurel Falls. Look Frank, I can also waterfall

Photo: Day 179 Li o: you can already see the Klamo s, it was fresh re o: a typical break. I have the shoes and Frodo sits ...(2017-10-16 20:58)





Day 179

Li o: you can already see the Klammo, it was fresh!

Re o: a typical break. I have the shoes off and Frodo is sitting right next to the snacks! Below: the wildlife for today. However, all were already flown out

Photo: Day 179Es today was partly very rocky, but mostly they have the trail very well maintained. Below: my camp spot for ... (2017-10-16 21:08)







Day 179

It was partly very rocky today, but mostly they have the trail very well maintained.

Below: my camp spot for tonight. There may be frost and I'm curious if I have to freeze. Becomes a Test.

Thanks, my Trail Angel sent me 2 packets of hot chocolate. I have one of those tonight. Since I cook otherwise energy-saving, my dinner is only lukewarm in cold and wind. So at least I have something warming in my belly

Trail Snail, 414.3, TN, AT

Question: Juhuuu, great pictures, absolutely beautiful! Having stayed in the most beautiful he'm We walked down the Hörnle yesterday (was high to me ...(2017-10-16 21:25)

Juhuuu, great pictures, absolutely beautiful! After yesterday I went down the Hörnle in the most beautiful way (was highly stressful to me: D) my feet still hurt today ... and you walk and run and you are not to stop. Wow! Let it go well, see you soon: - * Brigi e

Hi Brigi e, I feel for you.

I really do not remember what else to do. My feet are hurting terribly right now. In the morning before hiking, meanwhile, now and at night too. The shoes are growing and I feel they are the right size. Presumably, my feet do not like the stiffer sole, though at least I do not have to dodge every stone ...? I really do not know and try to focus on other things. It would be great if they did not hurt so much and I promised them that they would never have to hike long distance, get a massage and can have foot baths ... if we did the AT. That's how long they have to carry me. Maybe the cooler weather will be good for you ...

In any case: it's great that you could use the We and have fresh Lu fueled.

Let it go well and be ne to your feet

LG Trail Snail

Question: For example, a ne he waterfall ... now that no Badewe he is more ... ;-) Here it is the end of the week also pass it for now ... (2017-10-17 11:51)

Such a waterfall ... now, where no more baths he is ... ;-) Here it is the end of the week, once again be over with summer temperatures. :-(Hope that your feet can hold out a little for the promises! But they make but a good impression! ;-) Greetings from the office, Frank

Yes, I mean? Now that the ice sticks on my tent in the morning ...

And thank you, of course, my feet look good

I am very grateful to them.

Photo: Day 180Das is just my view. So beautiful! 've almost forgotten that 3 hours ago it was still freezing cold Opposite ... (2017-10-17 11:55)



Day 180

That's just my view. So beautiful! Almost forgot that it was still cold 3 hours ago Opposite is an antenna mast, so the short break

(2017-10-18 20:32)

Day 181

Hey guys, there are still 400 miles, I crossed the border to North Carolina for the first time (that goes back and forth with Tennessee a couple of times) and the weather is incredible: sunshine again and t-shirt temperatures. At least I walk in a totally beautiful area! When tumblr goes again, there are photos The mountains are getting higher and steeper and there are water and rivers! Of course, I'm still in the woods most of the time, but it's also really nice here. Let it go well, greetings from Frodo!

Trail Snail, Doll Flats (TN-NC border), AT

Question: SUPER BEAUTIFUL, still looking forward already to you. mab(2017-10-18 20:38)

mab-sissi: SUPER BEAUTIFUL, still looking forward already to you. mab

I'm looking forward too! To you, my boys and girls in the South and that my feet no longer hurt

Question: Fe e Congratulations! Hats off to you two endurance animals! ;-) I wish you still so beautiful We it for the remaining few ...(2017-10-20 12:40)

Fe e congratulations! Hats off to you two endurance animals! ;-) We wish you all the best for the remaining few miles! :-) Greetings, Frank

Thank you thank you! Good we can always use it, it already seems to work

Question: OK, I drink coffee nen on the last 400th greeting to frodo. mab(2017-10-20 12:42)

mab-sissi: ok, I'm drinking coffee for the last 400. Greetings to Frodo. mab

Drink one for me. With a lot of milk and sugar

Ok, for Frodo, too

Question: HiNicole, ganzgroßeGratula onundKra fürdeineletzteEtappe! HerzlicheGrüßevonAngela

:--)) (2017-10-20 12:43)

Hi Nicole really big gratula, on and Kra for your last leg! Kind regards Angela :-))

Thank you, I can always make good use Let it go well,

Trail Snail in sunny NC / TN

Question: Wow - congratulations and lots of energy for the final stretch! After you have gescha that you will do it all: -)(2017-10-21 16:52)

Wow - congratulations and lots of energy for the final stretch! After you have done that you can do anything :-). I'm looking forward to seeing you again: - *. Then there is heaven on earth for your feet, daily massage, care, foot baths, thermal baths, cuddly socks, whatever you wish ;-for your feet. Give the little one Frodo a bitch from me, without him you would not have done that! I'll push you, Brigi e: - *

Thank you! And yes, my feet are looking forward to all that and whatever else they think up .

I am already looking forward to it and Frodo turned red when I abducted him from you. Sometimes I think that maybe he's a sensitive animal somewhere in there ...

Photo: Day ??? I just lost a little bit of an overview. However briefly from the top of Unaka Mountain: Frodo and I feel ... (2017-10-21 17:01)



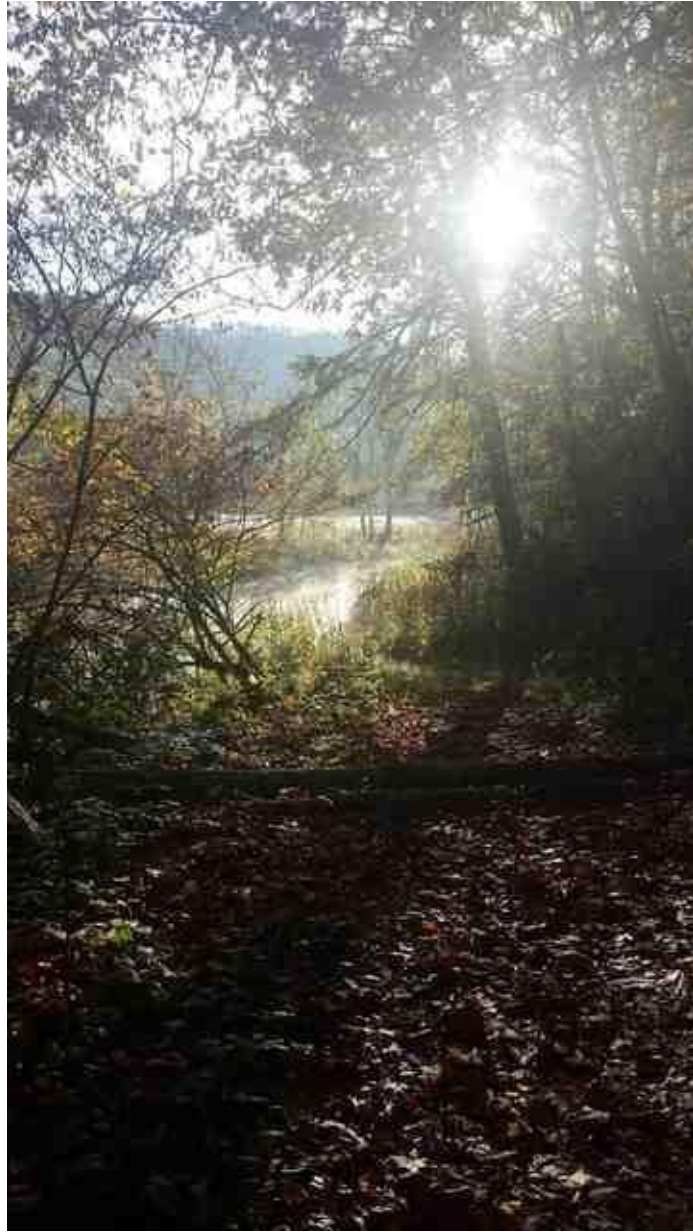
Day ???

I've just lost a bit of the overview. Also just a short time from the top of Unaka Mountain: Frodo and I are fine, we slow down a bit (I need a Zero Day) and hopefully we will arrive tomorrow in Erwin, then we can let the rain go by on Monday. Then it gets cold. Am curious...

If there is network in the hostel and if tumblr plays along, there is again detailed

Photo: Day 181Ich have ne e made so many photos, a couple I want nachliefern.Frodo and I stayed at the Elk River, which ... (2017-10-23 10:50)





Day 181

I took so many new pictures, I want to deliver some of them.

Frodo and I stayed at the Elk River, which looked really adorable the next morning in the early sunlight (photo below).

What you do not see is that it also froze that night. Photo on the right shows the frozen drops on the bear bag. The tent was also iced up and soaking wet when I wrapped it up. (Cold fingers !!!). Frodo insisted on presenting the 400 miles. The photo on the top left not only shows our complete tent equipment, but also the mileage reached.

Incidentally, I've learned: do not place your tent next to a stream, stay on high ground and definitely look for a tree under which you can put it! Because: nothing was frozen in the forest and almost everything dry up there. That many water and cold this night, I could have avoided again

**Photo: Day 181Es was a beautiful day with super nice trail and even wildlife. The Go
esanbeterin was at the hostel to the ...(2017-10-23 11:03)**









Day 181

It was a beautiful day with a great trail and even wildlife. The hostess was at the hostel I went to Resupply for 2 days.

I had to wait there for almost 2 hours because the shop was not open. 2 hours I could not hike and so it was a short 9 mile day. In the evening I have implemented everything learned. We were at 4600 feet up, under trees and the view from the tent was still nice

But it gets a bit warmer anyway

Photo: Day 182 Soooo beautiful! Honestly, I think it's lovely here! Good hiking trails and the Roan Highlands are perhaps ...(2017-10-23 11:14)







Day 182

Soooo beautiful! Honestly, I think it's lovely here! Good hiking trails and the Roan Highlands are perhaps the most beautiful section so far. About 5,000 to 6,200 feet, which is 2000m! and it is only open to the top because they have cut down the trees here to graze cattle. Today it is a nature reserve and they do everything to maintain this condition.

Wicked view from up there !!!

Photo: Day 182 So you awhile, here goes on along the ridge on the border (left North Carolina, Tennessee right) Then (2017-10-23 11:26)





Day 182

You walk along the ridge for a while, right on the border. (Left North Carolina, right Tennessee)

Then down into a valley with trees (photo below). Nevertheless, I got up there a slight sunburn on my face. Otherwise I am only out and about in a tree

I met F-Stop with her dog Leif again. I met her at the very beginning, she tried to help me with my smartphone. She flopped to Georgia and is heading north to Harpers Ferry. We were both really happy and exchanged experiences for a while

Photo: Day 182 Frodo and me today totally many day trippers have encountered. The parking lot was not far there has us Bear Bait ...(2017-10-23 11:40)





Day 182

Frodo and I met a lot of day trippers today. The parking was not far

There, Bear Bait intercepted us and distributed Trail Magic. She was a Thru hiker last year and wanted to do something

Do good for the current Hiker. So I was able to charge my phone, got 4 Babybels cheese, 1 Por on peanut butter and 2 Honeysuckles (a kind of straw from which you can suck honey). She told her story and I was happy and happy because I forgot my breakfast bars when I last resupplied them

In the evening we camped near the Roan Mountain summit and wrote in the log book near the Shelter.

Moving Target is now 10 days ahead of me and O-Man 4 days.

Photo: Day 183 Wir are back "in the woods" back in the woods. It went up and down, up and down and all day .The ... (2017-10-23 12:00)



Day 183

We're back in the woods in the woods. It went up and down, up and down and all day. The trail is still good, although sometimes more bumpy with more stone passages than before. The close season is probably around

I got a mail drop from Al at the Greasy Creek Hostel, so after 10 miles we took a 1 km down a steep, very bad path and climbed 150 to 200 meters down to the house. The people there were definitely "own", though very friendly. It was chaos until untidy, everything delivered, ... I camped there, because this was too tight in the house. Right next to a brook in the meadow.

I was invited to a home-cooked dinner, but that was not going to happen and so was Microwave Fergfu. At night I was not feeling well and the next day my body fought something. In any case, I was always thirsty, had to pee every mile and I did not feel like myself until afternoon.

I was invited to home cooked dinner, but that was not for g and so there was microwave Fer gfu it. At night I was then not good and the next day my body has gekämp with something. Anyway ha e I ever thirst had to pee all miles and I've only just Nachmi ag felt again like myself.

Photo: Day 184 Nachdem I only times uphill for a good half hour in the morning'm gelatschert for AT, are Frodo and I mainly ... (2017-10-23 12:12)







Day 184

After I first chatted uphill to the AT for half an hour in the morning, Frodo and I marched mainly under leaves. At the aftermath, when I felt better again, we came to Unaka Mountain, which is covered with coniferous trees. This is unusual, but I found it very nice.

And then, when we got off the Unaka, we came to the best vantage point ever! 270 degrees view, eternally far and the mountain ridge full of people (parking next to it).

A hiker has photographed me and Frodo there.

Photo: Day 184 Bei the views were also two fiddle players in the grass and played. Geil! Unfortunately I could not get the great view ...(2017-10-23 12:21)





Day 184

At the view, two fiddle players sat in the grass and played. hot!

Unfortunately, I could not capture the great view, the sun was less favorable.

At night when I was feeling better again, I have water (heavy!) And I'm still a few miles, until we found somewhere in the forest cookies

Photo: Day 185 Nach a stormy night, which was not cold, but saulaut, yesterday we are only into the valley to Erwin Stripped Fox ay where it ... (2017-10-23 12:31)



Day 185

After a stormy night, which was not cold, but sneezing, yesterday we were only down to the valley to Erwin, where there are still super warm 25 degrees on the southern slope.

We rented a wooden house with TV in Uncle Johnny's Hostel for 2 nights in the early afternoon. There's a long overdue zero, since I want to update the blog, need to resupply, wash, shower, plan, ...

Above all, however, it is announced that brings rain Monday all day and then lets the temperatures drop by about 10 to 15 degrees, it's freezing at night, especially in the mountains. I'm curious how Frodo and I get along with it

Photo: Day 186Der rain arrived on time at 6:00 am and has not stopped since. My cabin is not large (I stand right on the ...)(2017-10-23 12:51)



Day 186

The rain arrived punctually at 6:00 and has not stopped since then. My cabin is not big (I'm standing at the door and taking the picture), but dry and warm, and I've well organized my backpack explosion, which always when you get to where. Yesterday I was with the hostel-shuttle in place with a very good Mexican and then at Walmart. I have to carry 5.5 days of food over the next mountains, because mail dropping has proved difficult, and locating or doing something for resupply is extremely cumbersome or impossible. At least I will find enough water after the many rains today

Afterwards I will eat again and then I will pack my backpack so that I can laze the rest of the afternoon

Question: it's just beautiful, you can not say otherwise. very beautiful photos. apparently only ne s people, what more could you want. lg ...(2017-10-23 12:55)

mab-sissi: It is simply beautiful, can not say otherwise. very beautiful photos. what you want more. lg mab

You are completely right! It's mega beau ful and the people I meet here are extremely, helpful, friendly, open and in a good mood

Question: Congratulations to the 400 !! :-) Your reports are great and mo fours me for the mountains! Keep it up! :-) Hope you are good ...(2017-10-24 09:33)

Congratulations to the 400 !! :-) Your reports are great and mo fours me for the mountains! Keep it up! :-) Hope you're well rested and successfully catch good We it for the next stage! Make the Smokies pla! Love, Frank

Thank you very much!

I now break to the next, cooler stage on to Hot Springs. The Smokies collected about 3 days later on Let's go with the heavy backpack! Yeah!

Enjoy your office chair, LG Trail Snail

(2017-10-25 20:32)

Day 187 & 188

Sorry, photos are not working.

It's cold, but Frodo and I will not let us down. Called Al via emergency call to send me warm clothes to Hot Springs. We'll see what's there ... more

At high altitudes everything is frozen white, otherwise there are actually 5 degrees plus, but the wind is cold. I have to survive another night, starting tomorrow it will be a bit warmer again.

Frodo and my water filter are allowed to sleep in the sleeping bag today

I still meet other Southbounders, hikers heading south. But they are all faster than me. I got used to single-walking anyway and enjoy my peace. I go relaxed (if I'm not freezing) my pace. I am glad when I meet someone and then go on for myself. I like that

Photo: Day 188Es is late autumn! We have just barely five degrees during the day, it blows an icy wind and the high altitudes was this morning ...(2017-10-26 10:02)



Day 188

It is late autumn! We have just 5 degrees during the day, it blows a breeze and in the high altitudes everything was frozen white this morning. arschkalt! I could not stop and take a picture, it was sooo cold! I asked Al by distress to send me some more hot stuff to Hot Springs, e.g. Gloves.

Let's see who is more there, me or the stuff

Funny, I had We prediction and therefore knew what's coming, but every year I'm surprised again that it's getting cold. It's like Christmas

Photo:

Day 187 We started in glorious sunshine and great light up ...

(2017-10-29 14:58)



Day 187

We started in glorious sunshine and great light...

Photo: Day 187Hobbs and Jonah are two entirely Ne e'm already met them a few times ...
you are always in a good mood, wearing a ... (2017-10-29 16:03)



Day 187

Hobbs and Jonah are two nice, I've met them a few times ...

They are always in a good mood, carry a ukulele and a flute and can sing really well.

Photo:

Day 187 We started in glorious sunshine and great light up ...

(2017-10-29 16:09)



Day 187

Wonderful photo! ! Autumn has arrived with us by storm and single-digit temperatures ... you're really brave: tent and sleeping bag. ... burrrrr ... but only the tough get into the garden. RESPECT!! Haste plans for thanksgiving? How many kilometers haste ahead of you? You seem very calm and relaxed. Wonderful!

Wish you many autumnal sun rays! Drückerle from IFLE

Hi If, I've been trying for hours to upload the other photos and texts. With lousy success. In short, it's snowing outside and it's snowing further up and I'm sitting in the hostel in Hot Springs, NC. Tomorrow we will continue with better weather. This is luck from the timing ago and learned Tak k.

Presumably I'll hike Thanksgiving there are still 273.4 miles. I hope the winter holds back a little!

I hope you make it cozy on the sofa at home, when it storms outside and autumns

Photo: Day 187 Dieser day was very long. Plan A was erreicht- to 1:30 pm früh. Plan B 2 miles further ha e as ... (2017-10-29 16:39)



Day 187

This day became very long. Plan A was already at half past two o'clock - too early.

Plan B 2 miles away, the only source far and wide is no water. Plan C (flat spot with water somewhere) did not exist before Plan D, the next shelter. That was then over 16 miles mainly uphill at 5000 feet altitude. Not ideal in hot weather!

Photo: Day 188 Herausragend today was that we met Gandalf. Frodo was completely out of the

House and I had to ask if ... (2017-10-29 16:48)



Day 188

Outstanding today was that we met Gandalf. Frodo was thrilled and I had to ask if Gandalf would hold him!

By the way, Gandalf has frozen as well as I did in my nice chic new pink pullover and he also gets warm stuff sent to Hot Springs. I do not know how the boys do it in their shorts, my legs would simply freeze and refuse service. I guess the youth can do something like that.

Photo: Day 188Selbst when it's cold and wet, it's beautiful. In the evening I have my tent with tree branches and my shoes and my ...(2017-10-29 16:59)



Day 188

Even when it's cold and wet, it's beautiful. In the evening I sealed my tent with branches and my shoes as well as my seat against the ice wind. Even though I am in the forest, the undergrowth and leaves are missing, so that it would be sheltered from the wind. Unfortunately, I could not move on to find a better location because I was so far. At first I thought it had something to do with the cold, but after I rescinded the rationing of my vitamin pills, I got a lot of energy the next day! I am always learning We have weathered the night with the freezing temperatures with all the clothes and the rainwear over the sleeping bag.

Photo: Day 189Ein conciliatory, again warm, sunny day with variety. I met 19 Sec on Hikers! It was much ...(2017-10-29 17:18)









Day 189

A reconciliatory, warm, sunny day with a change. I met 19 Sec on Hikers! It was busy!

Top left: there was also a chickenway around Big Bu (Big Ass, top right), but the few rocks were more of a welcome change!

Question: Hello Nicole, if I could I would send you a very warm sun. So there are very dear warm greetings. Thanks for the...(2017-10-29 17:42)

Hi Nicole, if I could I would send you a very warm sun. So there are very dear warm greetings. Thank you for the wonderful pictures. Be well and Hans

Thanks, that's sweet!

Currently we have 1.5 degrees plus and the night is yet to come! Good that I am in the hostel

From tomorrow it will be warmer again.

Question: Schick you all lots of warm greetings and press my fingers crossed that it gets warmer soon!

You can do it!!! :-) Best regards,...(2017-10-29 17:43)

Send many warm greetings and keep your fingers crossed that it will soon get warmer! You can do it!!! :-)
) Greetings, Frank

Sure, of course! we can do that, even if Frodo a little frostbite is ...

Photo: Day 189Echt now! In the sun it was really okay, but Frodo in the break Shelter on a coat bestanden.Rechts ...(2017-10-29 17:44)



Day 189

Really now! In the sun it was really okay, but Frodo insisted on a coat in the break at the shelter.

We've been on the top right, but I always like it!

Question: if the weight of the backpack and your companion would not, then I would give you the p: racing a little faster, is ... (2017-10-29 17:49)

mab-sissi: if the weight of the backpack and your companion would not be, then I would give you the p: run a little faster, you will also be warm. but goes out o.a. do not start. then you have to chop some teeth until the stuff from al is there. until then keep warm and in good mood. lg lg lg mab

Well, running faster is not as easy as you say. But moving the principle rather than freezing a break, we already know!

The clothes are there by the way plus I konnye in Ou i he can not resist and have another pair of gloves and a thin super Rain jacket eingekau.

Now I have to leave the city tomorrow, my budget is finished!

Photo: Day 190 Frodo sat this morning with the little reminder on my sleeping bag, so that we can not forget the 300 ... (2017-10-29 18:00)





Day 190

Frodo sat this morning with the little reminder on my sleeping bag so that we also do not forget to appreciate the 300 miles, which are now left.

So on this 30 km day with 1000 vertical meters we made our sign upwards and downwards ... Yeah! "Only" 300 miles left!

Photo: Day 190 We have a while rock with some magnificent views, then edge very steep supervisor, then a lot of way to ... (2017-10-29 19:31)



Day 190

We had rocks for a while with some magnificent views, then very steep slopes, then a long of way to avoid the next rain and the next cold spell by diving into the hostel in Hot Springs.

In the evening there was the usual storm before the change and I had to cheat, so my short spare peg remained in the ground. I only need two pegs to set up my cool tent and one I lost in the last storm when I tried to pack my tent in the morning. It was very windy and I had my hands full, so it would not disappear without me in the woods! Since I forgot to check the pegs again, which I usually do. And he was gone

By the way, I always see if there are dead branches lurking over the tent, because I have already seen them drop enough ... Without wind, however, this danger is no longer obvious

(2017-10-29 19:49)

Day 191 + 192

Hot springs. We are 8 miles (about 13 km) with clouds, wind and drizzle in the civilization with heating. It was not until I was eating and sitting in the hostel that it started to rain, to be lucky!

What can I say, you already know that: showering, washing clothes, eating, resupply, shopping at the outfitter, get permit (hiking permit) for the Smokies, I look forward to parcels of Al, eat out, update blog, hikerbox clean up, chat with other hikers, eat, ...

In short, the Nearo and my Zero were over in no time. Outside, it has even geschneeregnet today (and I'm here as ef as no longer 400mn). It is very cold, it should freeze again, but it will get better tomorrow. Had a pig

Even if I'm here the luxury of a Be (no bed), I'm glad to come out again. I'm curious how warm my heavy, warm clothes, which I now carry with me, really are ...?

As soon as possible, I will contact you again and report!

Photo: Day 190Das was the rocky path with great views. Such things can not photograph well you, because you have to ...(2017-10-29 20:52)



Day 190

That was the rocky path with the great views. You can not photograph such things well, you have to stand in there!

Question: your traveling with smaller schmazotzer yes least as chilly as sissi. wanted at storm strength 7 (with gusts up ...(2017-10-31 14:48)

mab-sissi: your traveling with small schmazotzer is at least as frozen as sissi. the wanted in storm strength 7 (with gusts to 165kmh) not in front of the door. When I insisted on it, she gave the impression that she

must have mercy. the wind has, after in north and east Germany all trains for 2 to 3 days still stood, today subsided and the sun has also some changes to show, we also shamelessly exploited :)) greetings mab and sissi

Wow, it's all about you! Wind is reasonably contained here. Otherwise it would be extremely uncomfortable.

You're pretty hard on Frodo. Little sissy that he is, but he does it all

Do not let yourself be blown away

LG Trail Snail

(2017-10-31 14:59)

Day 193 + 194

Yesterday a lot of snow, today more water, but the sun is shining and the wind is not too bad. We only hike for short distances and take a lot of time to enjoy and enjoy. Hosts Al and Dolora on 4.11. in Gatlinburg, we do not need to run.

I am looking forward to both of them and I hope that I am lucky with the weather (as in the whole southern half so far

Photo: Day 193 Ganz it was rich g Winter above. it was later mixed up and very beautiful, although very wet! We are ... (2017-10-31 15:00)



Day 193

At the top, it was really winter. Below it was mixed and very nice, if very wet! We hiked comfortably in the snow and spent the evening in the shelter with the mice, rather than setting up the tent in the slush ..

Photo: Day 194 Ist not much snow left only on the northern side it is still fe. For this, we have on Max Patch a ...(2017-10-31 19:59)



Day 194

There is not much snow left only on the northern side it is still fe. But we have a 360 degree 360 degree view on Max Patch. Super nice up there!!

Photo: Day 193 ... here are a few winter impressions from yesterday. (2017-10-31 20:05)









Day 193

... here are a few winter impressions from yesterday.

Photo: Day 193Unser home for the night. n jus and his dog also came yet, so I ha e all Shelter mice on my ...(2017-10-31 20:09)





Day 193

Our home for the night. Jus n and his dog came too, so I have all the shelter mice on my side. It was not only cold, but with the eternal patter a restless night. At least it did not freeze

Photo: **Day 193 194Der AT and colors.** **Just very varied and colorful!**

(2017-10-31 20:13)











Day 193 & 194

The AT and colors. Just very varied and colorful!

Photo: Day 194Wir camp today at the Groundhog Creek Shelter. Wes is with Eli (totally friendly dog) here and Jigsaw has up to this point ...(2017-10-31 20:23)



Day 194

We camp at Groundhog Creek Shelter today. Wes is here with Eli (dog!) And Jigsaw made it this far. Yesterday, he slipped and fell in the slush (a whole piece with his bag) and probably broke his wrist. He'll be in the next town tomorrow and then he'll have enough of the trail after a week.

I'm glad that I am fine and that I can enjoy this time. Frodo is also happy, he imagines, if he would break somethingsmall spinner!