

December

Photo: December 1 Just as Bob stands, I feel here. I feel royally on my rehab. Al and Dolora are super sweet ...(2017-12-01 12:34)



December 1

Just as Bob stands, I feel here. I feel royally on my rehab. Al and Dolora are super sweet and lacks me here nothing. Is as rich get holiday I still enjoy it very much if I can just sit on the sofa.

Nevertheless, I was jogging yesterday and after 7 months hiking, my jogging muscles are probably stunted I already have sore muscles. My feet have done that but surprisingly well.

I'm curious when my sleep gets back to normal. After all, I am from 13-14 hours back to 10 hours. Slowly, I have the feeling that it is again a bit better with my "Hiker- Brain" that could remember nothing.

Guys, I'm looking forward immensely to you all, but I'm also very happy for a few days.

**Question: Hi Nicole! Since a cell phone exchange I have your e-mail address is no longer !?
Can you give me again ... Then enjoy ...(2017-12-03 15:26)**

Hi Nicole! Since a cell phone exchange I have your e-mail address is no longer !? Can you give me again ... Then the day still enjoy and get along well go home! Express yourself firmly and until then ...

Hi XY, write me your name yet and I let think of something ...

Question: I am also immensely to you, but also do not begrudge you with all my heart the time until the return flight.) Mab(2017-12-03 15:26)

mab-sissi: I am also immensely to you, but also do not begrudge you with all my heart the time until the return flight.) Mab

Photo: December 4, we were the day before yesterday on a farm for Christmas Trees. So you drive a good deal to the country, parked on a ...(2017-12-04 10:47)









December 4

We were on a farm for Christmas Trees the day before yesterday. So you drive a good deal into the country, parked on a surprisingly large parking lot, which was later full, and then sets off for the field with a variety of Christmas trees. Al grabbed a saw at the entrance and then they sat and talked, but actually Dolora can pick the tree. Frodo found this all very exciting and cheated on the photo.

Al sawed the tree and then he moves to the charging site, gla sawn off and charged. Before, we were still in the ne s, small farm shop where you could buy other small things and warm Cider

At home Al drew up the tree and Dolora then decorates it. Is a lot of work to thread the popcorn red berry garland ... but the result is a very nice Christmas tree, which will remain until the New Year.

I'm allowed to go shopping today. I wonder if I find something and then I just hope that it still fits after Christmas!

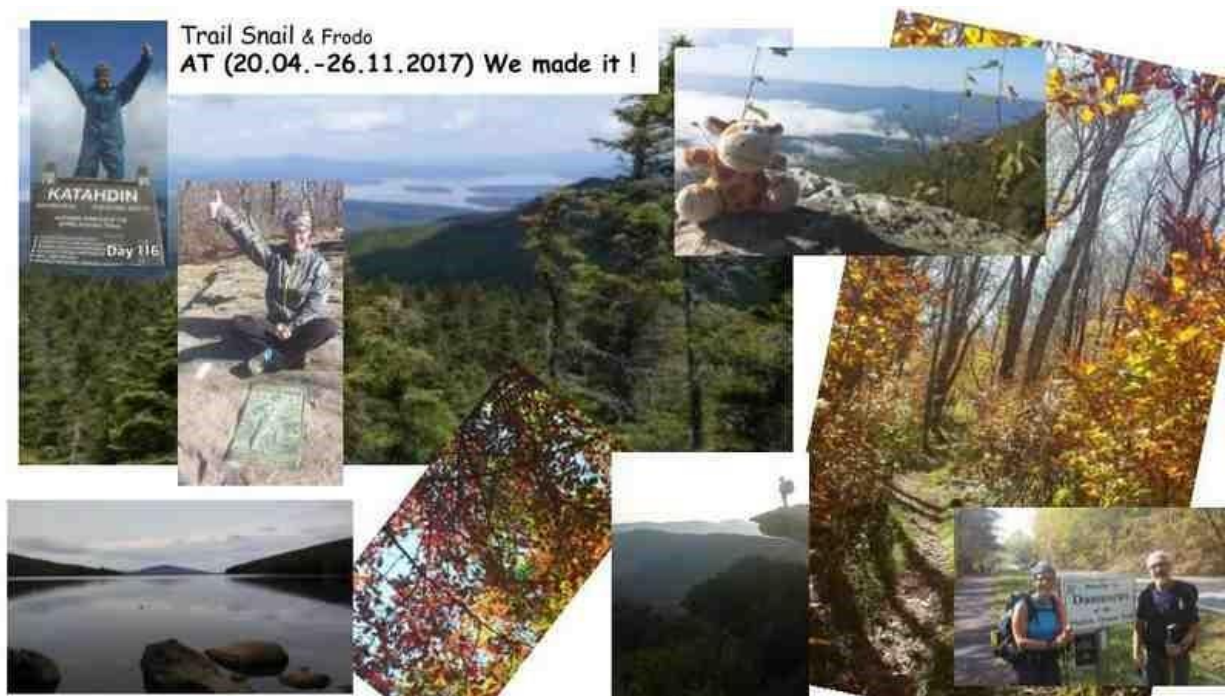
**Question: Frodo has indeed smuggled into the picture once again quite unremarkable ... ;-)
The division of the tree seems "classically" ... (2017-12-05 09:18)**

Frodo has smuggled into the picture quite unobtrusively again ... ;-)
The division of tasks by the tree seems so

to be "classic". ;-)
Have fun shopping and take care that Frodo is not lost ... Best regards, Frank

Yes, Frodo is not easy to stop when it comes to photography. but he is also a small sailor and happy if he then allowed back into his bag.

**Photo: Use's laptop and 5. December I used Al's laptop and made a postcard. This I then
texted to all Trail Friends ...(2017-12-05 09:43)**



December 5

I used Al's laptop and made a postcard. These I then texted to all trail friends who were important to me. That cost me a lot of nerves, because I'm so patient and Tumblr started looking for my photo o from the beginning. So I can deal with it very well, even if I'm not doing anything else. I just have a bad muscle soreness that really hurts. At first I tried jogging, but that does not like my Achilles tendon. Then I went through a workout video and now I'm sitting on the sofa with heating pads so I can get up the few yards to the kitchen or into my room. This sore muscle makes me really calm now, whether I want it or not

Friday we want to go to Washington. I'm looking forward to it and by then I can hopefully go again

**Question: It's just nice to read such as Al Dolora spoil you! Hihi but that is a small tree
because eh s my cat ...(2017-12-06 14:10)**

It's just great to read how Al & Dolora treat you! Hihi this is a small tree, because my hangover would be fun ;-). Have fun and a great vacation time. I am looking forward to seeing you again: - * GLG Brigi e I am also happy

Photo: 6 December We were bowling yesterday Great fun! I usually hit in the right gutter, but have in between ...(2017-12-06 14:24)



6th of December

We were bowling yesterday!

Great fun! I usually hit in the right gutter, but in between I have bowled well as a couple of times "Pins". Photographic evidence above.

Al has gained as a former fast professional hands down, but he then dropped out of round Burger

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Question: Ähhhmmm, there stands another Pinöppel! ;-) But against professionals, it is of course difficult! Have a few days of fun and miss it ...(2017-12-06 19:50)

Ähhhmmm, there stands another Pinöppel! ;-) But against professionals, it is of course difficult! Have a few days of fun and do not miss your flight back! Love, Frank

Hey, I met 9 out of 10! It's good!

And no, I'm not going to miss the flight, Al brings me to the airport ...

Photo: 8 December We were sightseeing in Washington. This city is very beautiful practical for tourists. The sights are all ...(2017-12-09 10:11)





December 8

We were sightseeing in Washington. This city is very convenient for tourists. The sights are all along the green belt bordered by the Capitol and Lincoln Monument. There are about 20 major museums, many of which belong to the Smithsonian Institute. We were in one of them for natural history. Very impressive! From mammals, dinosaurs, mummies, insects to minerals, oceans, Africa, ... there were plenty of exhibits (also living!) And information. Well done!

Photo: December 8, ... Museum of Natural History Frodo and I finally met a moose He wanted a photo with ... (2017-12-09 10:23)









December 8

... Museum of Natural History

Frodo and I finally met a moose

He really wanted to have a photo with his relative and we both enjoyed our time in the butterfly garden with our darlings. Obviously, they liked us too.

Question: The butterfly do seem to be very aggressive! ;-) As Frodo has not squealed with fear! Really impressive as a ...(2017-12-11 10:53)

The butterfly do seem to be very aggressive! ;-) As Frodo has not squealed with fear! Really impressive as a moose! You have nice holidays over there! :-) Best regards, Frank

Jap! Do I have

Question: Congratulations Nicole SUPER and not be described in words. We look forward to seeing you again. Get back well...(2017-12-11 10:54)

Congratulations to Nicole SUPER and not to describe it in words. We look forward to seeing you again. Come back and have a nice Christmas time. Greetings Hans and Be na

Thank you both. For you too and I'll call you when I'm back

squeals! Really impressive as such ...

Question: Dear Nicole, happy birthday! Let's celebrate you and pampered and stay as you are! Lots of love, health, happiness and a ...(2017-12-11 10:56)

Dear Nicole, happy birthday! Let yourself celebrate and be pampered and stay the way you are! All love, health, happiness and a satisfied, and loving Frodo wish you Max & Doni, Brigi e & Manu

Thank you, thank you, you too!

Question: the following text bi sing e: Happy birthday to you, birthday good luck, happy birthday, birthday ... (2017-12-11 10:57)

mab-sissi: the following text being sung: Good luck for your birthday, good luck for your birthday, happy birthday for your birthday, dear Nicole, good luck for your birthday. !!!!!!!!!!!!!!!!!!!!!!! Until tomorrow. mab

Thanks and see you!

Photo: 11th December Hey, I had a very wonderful birthday with all the trimmings at first I did quite a lot ... (2017-12-12 13:40)







11. December

Hey, I have a wonderful birthday with all the trimmings

At first, I got a lot of presents, including a playmate for Frodo. His name is Smoky.

Then I was invited for steak food and this was not only a huge one, but also one of the best steaks I have ever tasted. Hhhmm!

And for the grand finale there were birthday cupcakes with candle and! Dolora, Al and Alexa have sung Happy Birthday for me so I was so spoiled, it was a really nice birthday. Thanks Dolora and Al!

(2017-12-12 13:51)

12. December

Departure.

My backpack is packed and wrapped, I've already said goodbye to Dolora, and Al brings me to detour at an Indian restaurant. It is getting serious! My time in the United States comes to an end.

For that starts tomorrow my time back in the home

Is still not easy to go and leave the dear people I have met here and I have come to love.

Photo: 12-13. Decmber Al has brought me to the airport mi ags, the check of my well-packed backpack has two minutes ...(2017-12-14 09:52)





12-13. December

Al took me to the airport with me and checking in my well-packaged backpack took me 2 minutes and by now I know how to make a backpack suitable for flying

The snake above was in front of the security check. A lot of fun and in the end I have neither got an exit stamp, nor has anyone interested in my application for renewal. The picture below shows Germany from above. By now the snow is gone.

Due to the fact that we had a short departure gate change in Copenhagen, my backpack did not go to Hamburg with me. I'm waiting for that now ..

(2017-12-14 10:01)

December 14

Arrive:

Bärbel and Sissi picked me up at the airport yesterday and took me home. My sleep rhythm has to settle down again and somehow I have to get used to the other basic tempo again. Maybe I'll just sneak after a bit longer